

LIFE PLANNING

Pengantar
DISKUSI

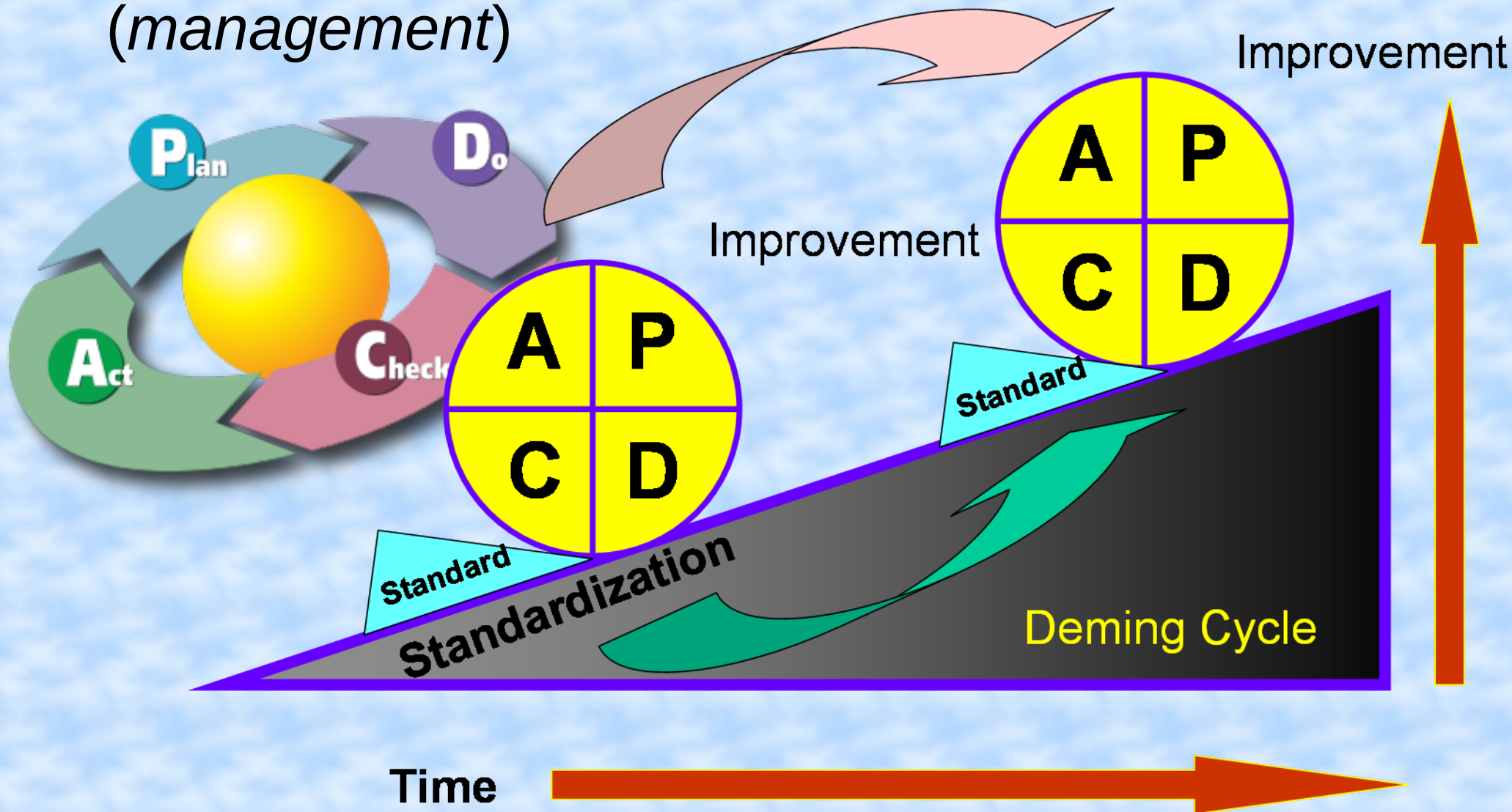
PPD-A, 14 Januari 2017

Himpunan Mahasiswa Elektro

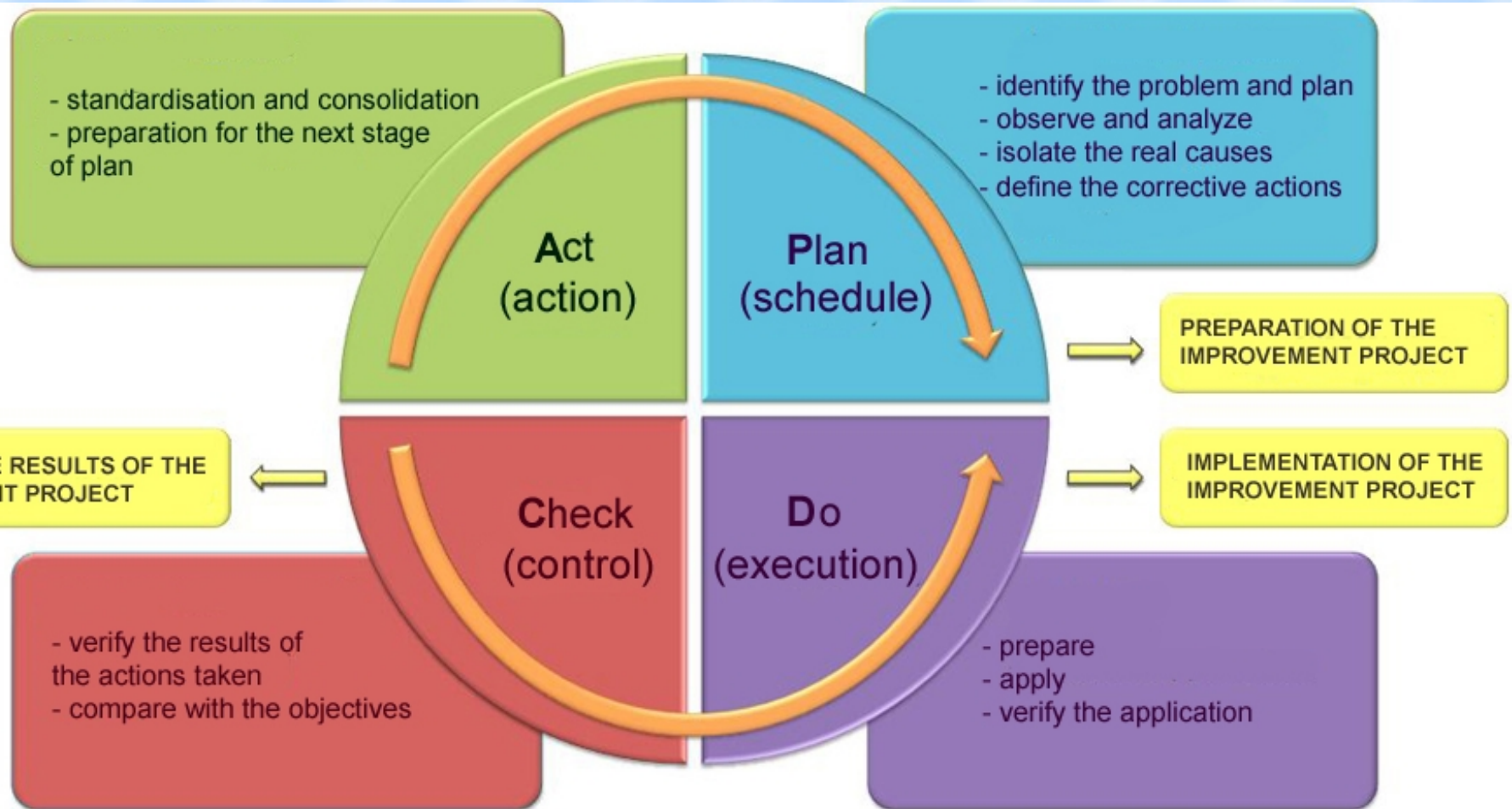
Fakultas Teknik Universitas Hasanuddin
MAKASSAR

PDCA

- *Planning* sebagai bagian dari pengelolaan (*management*)

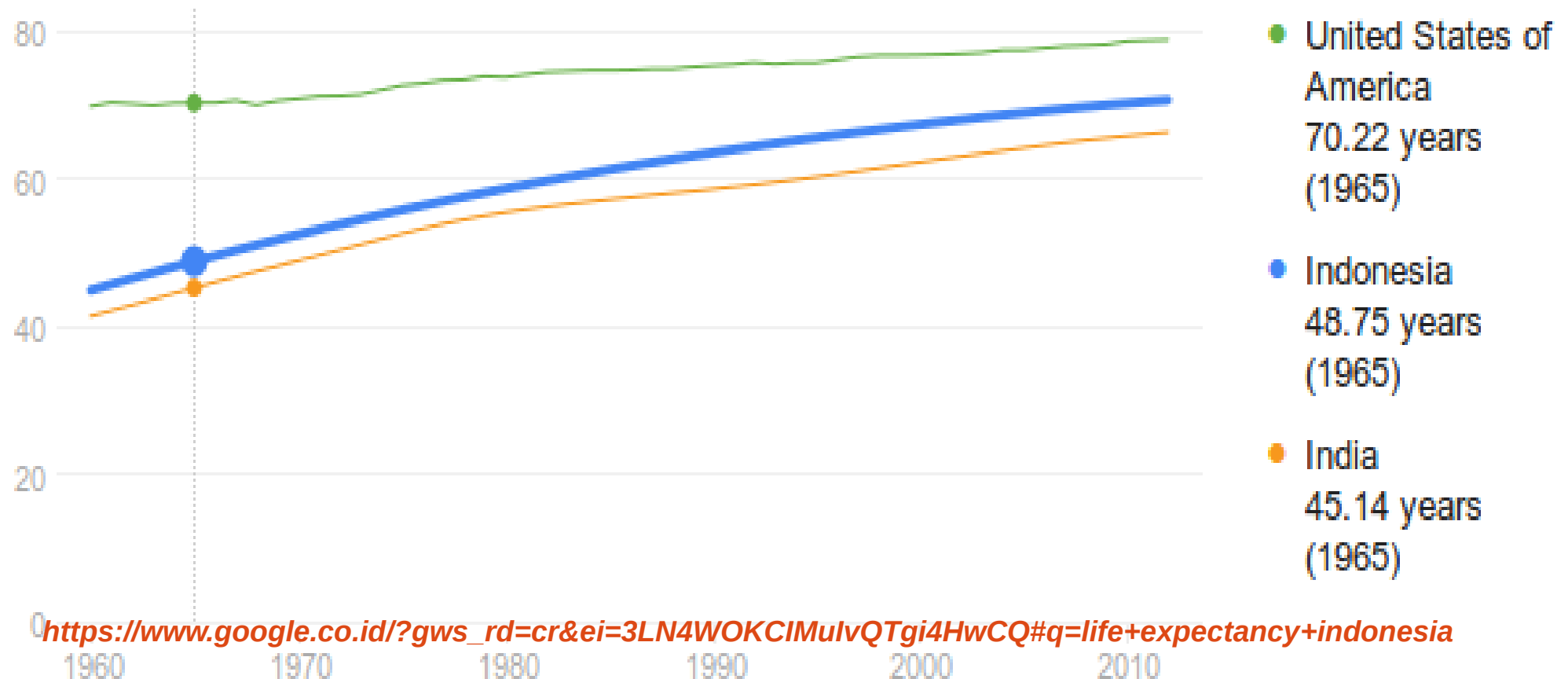


PDCA



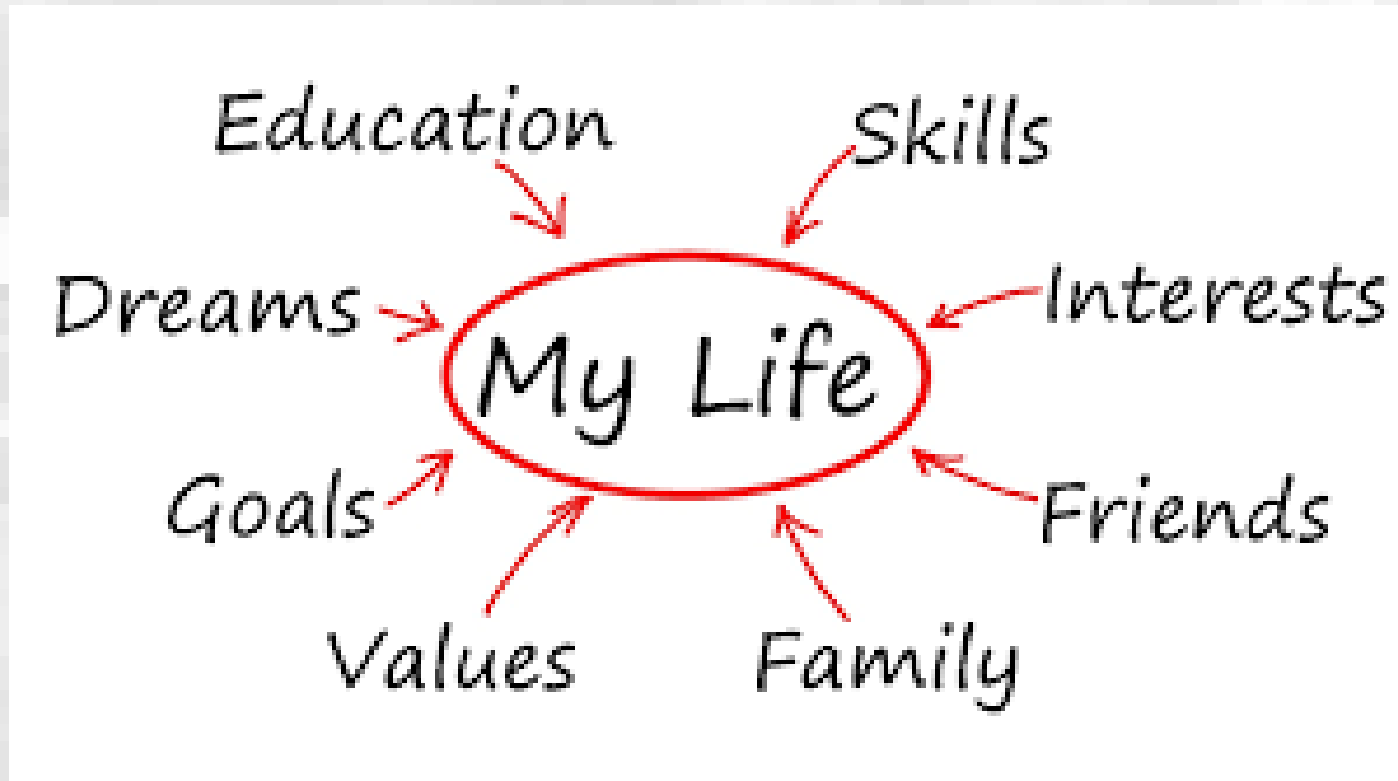
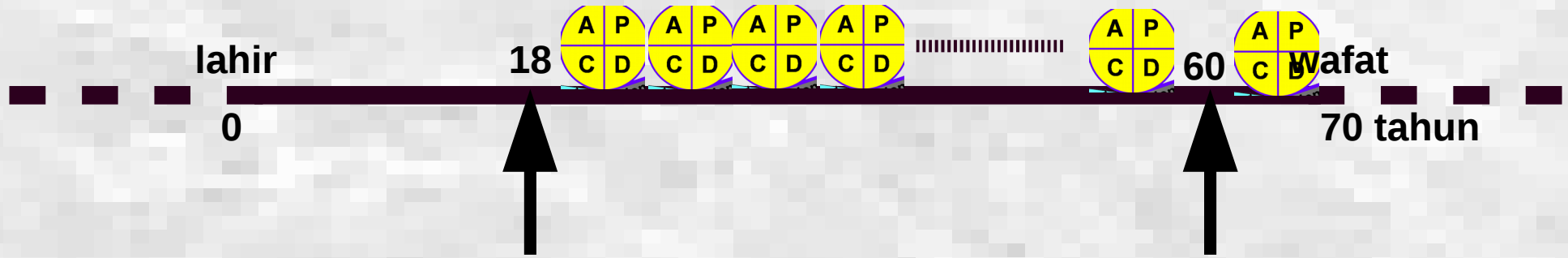
Life Expectancy

70.6 years (2012)



- https://www.google.co.id/?gws_rd=cr&ei=3LN4WOKCIMulvQTgi4HwCQ#q=life+expectancy+indonesia
- <http://www.worldlifeexpectancy.com/indonesia-life-expectancy> Indonesia : Life Expectancy. According to the latest WHO data published in 2015 life expectancy in Indonesia is: **Male 67.1, female 71.2** and total life expectancy is **69.1** which gives Indonesia a World Life Expectancy ranking of **117**.

Garis Kehidupan



Quotes

The sooner you start planning your life, the sooner you will live the life you dream of.

Hans Glint

meeville.com

"A GOAL WITHOUT A PLAN IS JUST A WISH"

"YOU CAN SPEND YOUR WHOLE LIFE PLANNING, BUT ONCE YOU'RE READY, GET OUT THERE AND START DOING IT."

TAYLOR MUMSEN

QUOTEHD.COM

If you don't design your own life plan, chances are you'll fall into someone else's plan. And guess what they have planned for you?

NOT MUCH.

by Jim Rohn

www.quoteoutlook.com

To Build a Bridge To Your Destination Always Takes a Plan



Personal Success Today

Life is what happens to you while you're busy making other plans.

Allen Saunders

meeville.com

PLAN OUT YOUR LIFE ON PAPER BUT LIVE YOUR LIFE BY YOUR HEART.

Warren DeMike

QUOTEHD.COM

Plan your life like you will live forever, and live your life like you will die the next day

PictureQuotes.com

So what if your life's going to be messy. Perfect isn't the plan. Purpose is.

-Ariana Huffington

"You don't always need a plan. Sometimes you just need to *breathe*, TRUST, let go and see what happens."

-Mandy Hale

"Even when you think you have your life all mapped out, things happen that shape your destiny in ways you might never have imagined."

-Deepak Chopra

Happy PEOPLE PLAN ACTIONS, THEY DON'T PLAN RESULTS.

DENIS WAITLEY

WWW.VERYBESTQUOTES.COM

It's never too early to begin planning for retirement.

#intelliquote

HOLD YOUR HEAD UP HIGH, AND KNOW GOD IS IN CONTROL HE HAS A PERFECT PLAN FOR YOUR LIFE.

PictureQuotes.com

YOU DON'T ALWAYS NEED A PLAN. SOMETIMES YOU JUST NEED TO BREATHE, TRUST, LET GO, AND SEE WHAT HAPPENS.

IF YOU DON'T DESIGN YOUR OWN LIFE PLAN, CHANCES ARE YOU'LL FALL INTO SOMEONE ELSE'S PLAN. AND GUESS WHAT THEY HAVE PLANNED FOR YOU?

NOT MUCH.

JIM ROHN

RELATIONSHIPS.COM

As much as you want to plan your life, it has a way of surprising you with unexpected things that will make you happier than your original planned. That's what we called, GOD'S WILL.

"YOU CAN SPEND YOUR WHOLE LIFE PLANNING, BUT ONCE YOU'RE READY, GET OUT THERE AND START DOING IT."

TAYLOR MUMSEN

QUOTEOUTLOOK.COM

ASK YOURSELF IF WHAT YOU'RE DOING TODAY IS GETTING YOU CLOSER TO WHERE YOU WANT TO BE TOMORROW.



Planning is bringing the future into the present so that you can do something about it now.

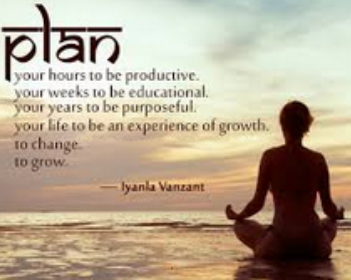
ALAN LARKIN

www.TheSilverPen.com

plan

your hours to be productive.
your weeks to be educational.
your years to be purposeful.
your life to be an experience of growth.
to change.
to grow.

— Iyanla Vanzant



Lack of planning on your part does not constitute an emergency on MY part...

You are never too old to set another goal or to dream a new dream.

— G.S. Lewis

life is all about how you handle Plan B



***“Life Planning”* dari mBah Google**

- 5 langkah:

<http://www.artofmanliness.com/2011/02/08/create-a-life-plan/>

- 11 langkah:

<http://www.wikihow.com/Make-a-Life-Plan>

<http://www.artofmanliness.com/2011/02/08/create-a-life-plan/>

- **5 langkah:**

1. Definisikan dan prioritaskan **PERAN-PERAN** anda
2. Definisikan **TUJUAN** anda untuk setiap **PERAN**
3. Definisikan **SASARAN HIDUP** anda
4. Definisikan **KENYATAAN** yang ada sekarang
5. Lakukan **LANGKAH-LANGKAH** nyata, berangkat dari kenyataan yang ada menuju tujuan dan sasaran hidup

<http://www.wikihow.com/Make-a-Life-Plan>

• 11 langkah:

5 (lima) langkah menetapkan **PRIORITAS**:

1. Pikirkan **PERAN-PERAN** apa saja yang anda mainkan **saat ini**
2. Pikirkan **PERAN-PERAN** anda pada **masa yang akan datang**
3. Pikirkan **ALASAN-ALASAN** mengapa **PERAN-PERAN** itu **penting**
4. Susun **PERAN-PERAN** itu dalam urutan **PRIORITAS**
5. Perhatikan **KONDISI FISIK** dan **EMOSIONAL** yang diperlukan untuk memainkan **PERAN-PERAN** yang di-prioritaskan

3 (tiga) langkah menetapkan **SASARAN**:

6. Pikirkan **SASARAN** apa saja yang ingin anda capai dalam **HIDUP** anda
7. Susun **SASARAN** yang **SPESIFIK** serta **WAKTU** (hari, tanggal, jam) yang **SPESIFIK** untuk mencapainya
8. Pikirkan bagaimana **SASARAN-SASARAN** itu dicapai pada **WAKTU**-nya

3 (tiga) langkah **MENULISKAN “Life-Plan”**:

9. Tuliskan **LANGKAH-LANGKAH** untuk mencapai **SASARAN**
10. Kaji ulang **“Life-Plan”** itu
11. Buat berbagai **PENYESUAIAN “Life Plan”** anda

PENUTUP

- Mari kita **RENCANA-(PLAN, DO, CHECK, ACT)**-kan untuk membuat **LIFE-PLAN** kita

