



## INTRODUCTION

Rocky Summit University (RSU) is a mid-sized public university located in the western United States. It serves a population of about 15,000 students and employs 700 faculty and staff. The network consists of several thousand computers and about 100 servers. The campus also provides Wi-Fi access for all students and remote access (virtual private network [VPN]) for distance learners.



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## BACKGROUND

RSU's network has evolved over the last couple of decades and cybersecurity has always been an afterthought. The State Commission on Higher Education has mandated that all public universities review their cybersecurity posture and prepare a written report describing the how their controls align with attack and defense models.



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## ENVIRONMENT

RSU's campus network consists of various workstations and laptops connected via ethernet and Wi-Fi. Employees and students have network logins assigned that correlate to their roles. Wi-Fi access requires network credentials. Various network applications, including the registration, records, and payment systems, identify the user by login credentials.



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## ENVIRONMENT

The network applications are a mix of commercial off-the-shelf (COTS) software and in-house custom applications developed by the school's development team. Some of the applications have been installed for over a decade and have only been updated sporadically.



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## ENVIRONMENT

RSU's externally facing Internet presence consists of a set of informational websites, a portal to access campus services, webmail, and VPN services for employees and remote students. These sites and services are maintained by RSU's network operation team and a small team of web developers. The VPN requires login credentials, but only specified users are granted access via access control list (ACL).



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## YOUR ROLE

The chief information security officer (CISO) of the university has directed the cybersecurity team to prepare an initial report. To expedite the process, the CISO has assigned you to *model* two attacks and a defensive strategy while the rest of the staff works on other parts of the report. As a senior security analyst, you are expected to utilize any resources and experience at your disposal.



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## THE REPORT

The report should contain detailed information about the steps an attacker may use in an attempt to compromise RSU's systems. You are not expected to conduct the attack, only model what an attacker may do. Likewise, the defensive model should address how to defeat such attacks.



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## THE REPORT

Consider the current security posture when modeling the attacks and defensive countermeasures. Remember, the purpose of this report is to model certain attack scenarios to enable RSU to consider which defensive options would best defend against the modeled threats.



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## REMEMBER

Attack modeling is the process of identifying and categorizing the actions an attacker may take against a particular system. For example, the model used by penetration testers is similar to that of many attackers. The steps in that model are reconnaissance, scanning or enumeration, gaining access, maintaining access, and covering tracks. This is not always a linear process and an attacker may repeat an earlier step as new information presents itself.



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## TASKS

1. Model an attack by a remote user accessing the university network via the Internet. Explore attack vectors and attackers' goals.

Consider different avenues of attack when creating the model. Web application attacks, phishing attacks, VPN attacks, and others should be considered. Discuss the goals of the attack, such as data theft, defacement, and so forth.



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## TASKS

2. Model an attack by a student worker as an internal threat. Explore attack vectors and attackers' goals.

Attack vectors could include stolen credentials, application hacking, etc. Goals may be changing grades, altering tuition payments, or finding personal information on other students or professors.



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## NOTES

Refer to the following chart for various threats to model. There are many other attacks, but these will provide a starting point. Consider the sophistication and motivations of the attackers when creating the model.



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## THREAT EXAMPLES

Vulnerability	Threat	Risk and Impact
Door phishing	Attackers may gain access through prior payment or continued social engineering.	Initial data loss or leakage leading to secondary financial and operational impact.
Water hole	Attackers may gain control of attractive websites and subsequent control of visitors.	Initial malware or virus leading to secondary financial and operational impact.
Malicious mobile APT	Attackers may compromise sensitive corporate and/or mobile devices to enable espionage or persistent control.	Partial or full control of one or more sensitive transactions and/or mobile devices, direct or indirect impact on critical IT applications and services.
Zero day	Attackers use zero day exploits to circumvent existing defenses.	Partial or full control of applications and underlying infrastructure leading to secondary operational impact.
Excessive privilege	Attacker may happen using inappropriate privileges and access rights.	Full and excessive privileges control within the boundaries of organizational (SOC, secondary financial, operational and reputational impacts).
Social engineering	Attackers exploit social vulnerabilities to gain access to information and/or systems.	Partial or full control of human resources, information compromise of IT data, secondary impacts on organizational and human.
Home user APT	Attackers use the fact that home environments may be less well protected than organizational environments.	Partial or full control of applications, control of home infrastructure, secondary financial, operational and reputational impacts, increasing impacts on personal/individual and family.
Selected IT infrastructure APT	Attackers may target the IT infrastructure underlying critical organizational processes.	Full control of infrastructure, risk of sensitive control including public infrastructure or business partners.
Non-IT technical infrastructure APT	Attackers may target the interface between IT and other critical infrastructure within the enterprise.	Partial or full control of non-IT infrastructure, control of IT and technical infrastructure, full operational control and data acquisition (SCADA), secondary operational impact.
Vendor/business partner exploit	There are attacks on trusted business partners or vendors, compromising key software or information.	Initial attack through organizational IT interface at partner, with financial, operational and reputational impact.



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## REMEMBER

Defense modeling is often described as providing “defense-in-depth.” The concept of defense-in-depth is that the organization has several layers of defense that must be defeated for the attacker to be successful. For example, an organization can have a perimeter firewall, an intrusion detection system (IDS), a host-based firewall, and a patched operating system with unneeded services turned off.



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## TASKS

Create a defensive model to address both threats, including details of the countermeasures and how they stop each step of the attack model.

(Hint: Internet searches may be useful in determining countermeasures for the modeled attacks.)



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## NOTES

When modeling defense, consider each the steps of the attack and a control that can stop that step.

Layering these controls is key to defense-in-depth. If one of the steps in the attack fails, the attacker must find a new avenue for attack.



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## EXAMPLE

An example spear phishing attack:



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## EXAMPLE

Defenses against example spear phishing attack:



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## GLOSSARY

**Access control list (ACL)**—An internal computerized table of access rules regarding the levels of computer access permitted to logon IDs and computer. Also referred to as access control tables

**Access rights**—The permission or privileges granted to users, programs or workstations to create, change, delete or view data and files within a system, as defined by rules established by data owners and the information security policy

**Anti-malware**—A technology widely used to prevent, detect and remove many categories of malware, including computer viruses, worms, Trojans, keyloggers, malicious browser plug-ins, adware and spyware

**Antivirus software**—An application software deployed at multiple points in an IT architecture. It is designed to detect and potentially eliminate virus code before damage is done and repair or quarantine files that have already been infected.

**Attack**—An actual occurrence of an adverse event  
**Attack mechanism**—A method used to deliver the exploit. Unless the attacker is personally performing the attack, an attack mechanism may involve a payload, or container, that delivers the exploit to the target.

**Attack vector**—A path or route used by the adversary to gain access to the target (asset). There are two types of attack vectors: ingress and egress (also known as data exfiltration).

**Authentication**—The act of verifying the identity of a user and the user's eligibility to access computerized information. Authentication is designed to protect against fraudulent logon activity. It can also refer to the verification of the correctness of a piece of data.

**Chief information security officer (CISO)**—The person in charge of information security within the enterprise



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## GLOSSARY

**Countermeasure**—Any process that directly reduces a threat or vulnerability

**Defense-in-depth**—The practice of layering defenses to provide added protection. Defense in depth increases security by raising the effort needed in an attack. This strategy places multiple barriers between an attacker and an enterprise's computing and information resources.

**Ethernet**—A popular network protocol and cabling scheme that uses a bus topology and carrier sense multiple access/collision detection (CSMA/CD) to prevent network failures or collisions when two devices try to access the network at the same time

**Exploit**—Full use of a vulnerability for the benefit of an attacker

**Hacker**—An individual who attempts to gain unauthorized access to a computer system

**Intruder**—Individual or group gaining access to the network and its resources without permission

**Intrusion detection**—The process of monitoring the events occurring in a computer system or network to detect signs of unauthorized access or attack

**Intrusion detection system (IDS)**—Inspects network and host security activity to identify suspicious patterns that may indicate a network or system attack

**Intrusion prevention**—A preemptive approach to network security used to identify potential threats and respond to them to stop, or at least limit, damage or disruption

**Intrusion prevention system (IPS)**—A system designed to not only detect attacks, but also to prevent the intended victim hosts from being affected by the attacks



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## GLOSSARY

**Malware**—Short for malicious software. Designed to infiltrate, damage or obtain information from a computer system without the owner's consent. Malware is commonly taken to include computer viruses, worms, Trojan horses, spyware and adware. Spyware is generally used for marketing purposes and, as such, is not malicious, although it is generally unwanted. Spyware can, however, be used to gather information for identity theft or other clearly illicit purposes.

**Phishing**—This is a type of electronic mail (e-mail) attack that attempts to convince a user that the originator is genuine, but with the intention of obtaining information for use in social engineering. Phishing attacks may take the form of masquerading as a lottery organization advising the recipient or the user's bank of a large win; in either case, the intent is to obtain account and personal identification number (PIN) details. Alternative attacks may seek to obtain apparently innocuous business information, which may be used in another form of active attack.

**Social engineering**—An attack based on deceiving users or administrators at the target site into revealing confidential or sensitive information.

**System hardening**—A process to eliminate as many security risks as possible by removing all nonessential software programs, protocols, services and utilities from the system.



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## GLOSSARY

**Threat**—Anything (e.g., object, substance, human) that is capable of acting against an asset in a manner that can result in harm. A potential cause of an unwanted incident (ISO/IEC 15335)

**Threat agent**—Methods and things used to exploit a vulnerability. Examples include determination, capability, motive and resources.

**Threat analysis/assessment**—An evaluation of the type, scope and nature of events or actions that can result in adverse consequences; identification of the threats that exist against enterprise assets. The threat analysis usually defines the level of threat and the likelihood of it materializing.

**Threat event**—Any event during which a threat element/actor acts against an asset in a manner that has the potential to directly result in harm

**Threat vector**—The path or route used by the adversary to gain access to the target

**Virtual private network (VPN)**—A secure private network that uses the public telecommunications infrastructure to transmit data. In contrast to a much more expensive system of owned or leased lines that can only be used by one company, VPNs are used by enterprises for both extranets and wide areas of intranets. Using encryption and authentication, a VPN encrypts all data that pass between two Internet points, maintaining privacy and security.

**Vulnerability**—A weakness in the design, implementation, operation or internal control of a process that could expose the system to adverse threats from threat events

**Vulnerability analysis/assessment**—A process of identifying and classifying vulnerabilities

**Vulnerability scanning**—An automated process to proactively identify security weaknesses in a network or individual system



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